

Your Guide to Summer Farmers Markets



Wednesday, July 29, 2026

1:00– 1:30 p.m.

Attend this FREE webinar from your computer, tablet, or smartphone!

Make the most of summer farmers markets! Learn what's in season, how to select the best produce, storage tips to extend freshness, and how to navigate unfamiliar vegetables.

Discover budget-friendly strategies and simple meal planning tips to turn seasonal shopping into delicious, nutritious summer eating.

No need to register in advance.

Classes are open to everyone at no charge. Access classes at [this link](https://www.harvardpilgrim.org/public/living-well/health-and-wellness-webinars) or <https://www.harvardpilgrim.org/public/living-well/health-and-wellness-webinars>

This webinar is free and open to all.

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